

Shaad / Baby Shower

Sl. No.	Item	Qty	
1	Flowers (White, Red, and Yellow)	Mixed 2 bunches or one each of one color	
2	Fruits – 5 types (example: Apple, pears, grapes, strawberry, orange etc.)	1 each	
3	Sweets (kalakand or Sandesh)	1 packet Minimum	
4	Oil (preferably mustard oil)	One small bottle	
5	Bhog (Puri, sabji or whatever the lady likes– NO ONION OR GARLIC if conducted in temple)	Optional and based on invitees	If outside, no restriction on veg or non-veg (except Beef)
6	Candle / Brass Diya with wicks / New earthen diya with wicks	1 big	
7	Incense (Agarbatti)	2 pack	
8	Rice (basmati)	1 small pack	
9	Lentil (except Masoor)	1 pack	
10	Vegetables (5 types – No Onion or Garlic)	1 each minimum	
11	Spices 5 types (Example: Turmeric, Salt, Dried or powder chili, cumin and coriander)	1 pack each	
12	Ganga Water	1 small bottle	
13	Sandalwood powder (Red and White)	1 pack or small bottle each	
14	Durbha (Optional)		
15	Tulsi (Optional)		
16	Bel Pata (Optional)		
17	Dining set (Silver / Steel) : Plate, spoon, bowl, glass		
18	Notebook, Pen/Pencil, Toys, 1 Dollar Bill, Mud, Gold/Silver in one Plate (steel or silver)	1 each	
19	Milk	Quart	
20	Yogurt	Small	
21	Ghee	Small	
21	Honey	Small	